

# 3:1 Rule

*for increasing language*

When you're playing with your child it's important for him/her to use language spontaneously. It's really easy to ask your child questions all day. This limits his/her use of language. Instead, focus on saying a statement.

**The 3:1 Rule will help you reduce the number of questions you ask your child and increase the number of statements you make.**

Try to play intentionally with your child using the 3:1 Rule for a few minutes each day. Sit down with your child and his/her toys. While you play, make three comments for each question you ask.

## Playing Kitchen:

### Comments:

I'm the chef!

I made a hot dog.

Oh, that's cold!

Pass the milk please.

### Question:

Do you want ketchup?

Build the 3:1 Rule into your daily routine too. Make comments while you're giving your child a bath, reading a goodnight book, or when you're getting him/her dressed.

